



## Product Description

- ✓ Fortifier HM18 is a concentrated protein supplement made from 100% human milk
- ✓ Contains only human milk protein, and other naturally occurring human milk components like fat, lactose, minerals, vitamins, oligosaccharides and other growth/immunity boosting factors.
- ✓ Contains no added sugars, minerals or vitamins.
- ✓ Available in powder form: 1 g to be mixed with 25 ml of breast milk.
- ✓ For enteral use only.
- ✓ Use only under medical supervision.

## Nutritional information

Nutrients	Unit	Per 100g	4 sachets + 100ml milk	Nutrients	Unit	Per 100g	4 sachets + 100ml of milk
<b>Energy</b>	KJ	1637	350.5	<b>Minerals</b>			
	kcal	391	83.6	Sodium	mg	138.4	33.60
<b>Macronutrients</b>				Potassium	mg	577.1	73.08
<b>Fat</b>	g	2.2	3.58	Chloride	mg	830.0	91.20
of which saturates	g	1.0	0.04	Calcium	mg	299.4	36.96
<b>Carbohydrate</b>	g	73.2	10.22	Phosphorus	mg	150.5	20.52
of which sugars(Lactose)	g	61.3	9.75	Magnesium	mg	42.2	4.98
<b>Protein*</b>	g	19.6	2.40	Iron	mg	0.3	0.10
<b>Salt</b> (of which sodium 138.4 mg)**	g	0.3	0.08	Zinc	mg	1.7	0.43
<b>Vitamins</b>				Copper	µg	1330	91.2
Vitamin A	µg-RE	<30	14.40	Manganese	mg	<0.005	0.0004
Vitamin D	µg	<10	0.20	Selenium	µg	13.3	2.93
Vitamin E	mg-TE	<0.1	0.29	Chromium	µg	<5.0	<5.0
Vitamin K	µg	<10	2.00	Molybdenum	µg	<5.0	<5.0
Vitamin C	mg	8.8	4.75	Iodine	µg	174.2	24.77
Thiamine (B1)	mg	0.1	0.01	Fluoride	µg	1.0	<1.0
Riboflavin (B2)	mg	0.2	0.03	Osmolality*** (mOsmol/kg H2O)			<400
Niacin (B3)	mg-NE	1.8	0.28				
Vitamin (B6)	mg	<0.1	0.006				
Folic acid	µg	<1.0	3.10				
Vitamin B12	µg	<1.0	0.02				
Biotin	µg	<10	540				
Pantothenic acid	mg	2.6	0.33				

\*Human milk protein  
\*\* Sodium 138.4mg per 100g of powder  
\*\*\* When mixed with human milk

Patent Pending

## Fortifier HM18

For the dietary management of preterm and low birth weight infants fed human milk

**HUMAN MILK-DERIVED FORTIFIER  
WITH MINIMUM 18% PROTEIN**  
Food for Special Medical Purposes

10 g (10 x 1 g sachets) **use only under medical supervision**

## Instruction for usage

- Wash hands and sterilise all feeding containers. Check best before date on HMPS 18 sachet.
- Pour 25 ml of warm human milk to sterile container. If human milk is frozen, ensure it is fully thawed before adding HMPS 18.
- Add the entire content of one sachet (1 g) in to the container with 25 ml of human milk.
- Ensure powder is completely dissolved in human milk before feeding.
- Single use sachet. Do not use leftovers. Opened sachets should be used immediately.

**Ingredients:** Human Milk

**Shelf life:** 12 months

