

Parent and Carer Information Sheet

For Human Milk-Derived Fortifier



What is breast milk fortifier?



Breast milk fortifier is a nutritional supplement that can be added to human milk. It comes as a powder which is dissolved into your breast milk. It contains extra calories, protein and some essential minerals (fortified with calcium and phosphorus) and nutrients, which help to promote growth and bone development during the first few weeks of life.



Why does my baby need breast milk fortifier?



Your breast milk is the best source of nutrition for your baby however, babies that are born early or have a low birth weight may not have had time to build up their natural stores of important proteins and vitamins. Therefore, for babies who are born prematurely or have a low birth weight, breast milk alone may not provide enough energy and nutrients for achieving growth. These babies are usually given breast milk fortifier.

Human milk derived fortifier such as NeoKare MMF retains the advantages of breast milk including Immunoglobins and Human Milk Oligosaccharides, making sure your baby receives enough nutrients for growth and bone health.

NeoKare MMF (Mothers Milk Fortifier) vs Bovine (Cow) HMF (SMA and Cow & Gate)



Until recently, the only type of fortifiers available in the UK were made from cow's milk. These are recognised to improve preterm infant growth compared to human milk alone. Now in the UK fortifiers made from 100% human milk are available.

NeoKare MMF is made from human milk from UK based milk providers. It has been manufactured and independently tested to ensure safety and retains many of the benefits of breast milk for your baby. NeoKare MMF added to mothers milk allows your baby to benefit from 100% human milk diet.



How is the fortifier used?



Breast milk fortifier will be prescribed by a doctor. To start with a small amount will be measured and mixed with your breast milk or to donor milk your baby is receiving. The fortified breast milk will be prepared by the staff caring for your baby and feeding will take place in the normal way. The duration of fortification will be decided by the team looking after your baby.



Does fortification of milk have any side effects?



Most preterm and low birth weight babies receive breast milk fortifier without any problems. It is usually introduced gradually over a few days to allow your baby to adjust. If you have any concerns, please speak to the team looking after your baby.

If you have any questions, please speak to the team looking after your baby.

Address:

NeoKare Nutrition Ltd; Unit 12, Palmers Road, East Moons Moat, Redditch B98 0RF
www.neokare.co.uk; enquiry@neokare.co.uk

